



Mentoring Program Roadmap

May/June 1 hour Manager/Mentor Orientation Orientation to apprenticeship / internship program and mentoring initiative <i>Managers/Mentors ONLY</i>	July 15 minutes Mentoring Session #1 Self-awareness and relationship building	August 15 minutes Mentoring Session #2 Visioning, goal setting, and habits	September 15 minutes Mentoring Session #3 Giving and receiving feedback	October 15 minutes Mentoring Session #4 Managing my money
November 15 minutes Mentoring Session #5 Gratitude and self-care	January 15 minutes Mentoring Session #6 Curiosity and growth mindset	February 15 minutes Mentoring Session #7 Navigating change	March 15 minutes Mentoring Session #8 Interpersonal skills and collaboration	April 15 minutes Mentoring Session #9 Influencing others and self-advocacy

May/June
1 hour
Mentoring Session #10
 Closing Celebration

NOTES:

- Orientation and mentoring sessions #1-9 will be facilitated via video, and mentoring session #10 will be hosted in person as part of our closing celebration. All ten are intended for both mentor and mentee.
- Mentoring videos #1-9 include 15 minutes of coaching facilitated by our partners at CoLabL followed by a suggested 30 minutes of interactive, 1:1 mentoring discussions and activities using resources provided.
- We will provide 1:1 coaching as needed and requested.