

START

GRADE 7

Session 1:
Engage with
career guides

Session 2:
Connect interests
to careers

Session 3:
Explore career
pathways

Session 1:
Engage with
career guides

Session 2:
Map skills
to careers

GRADE 8

Exploration Event
(region-wide)

Session 3:
Review & revise
career vision board +
plan for HS

GRADE 10

Session 2:
Strengthen
interpersonal skills

Session 1:
Engage with
career guides

Session 4:
Review & revise
career vision board

Session 3:
Connect habits to
goal achievement

GRADE 9

Session 2:
Increase
self-awareness

Session 1:
Engage with
career guides

GRADE 11

Session 3:
Resolve conflicts

Session 4:
Review & revise
career vision board

Session 1:
Engage with
career guides

Session 2:
Manage time
and stress

Session 3:
Give and receive
feedback

Session 4:
Review & revise
career vision board

GRADE 12



Session 4:
Vision board &
recruiting event

Session 3:
Self-advocate

Session 2:
Practice self care

Session 1:
Engage with
career guides



Year 2: Professional Development
& Career Advancement

Year 1: Professional Development
& Career Mentoring (mentors/
mentees • 1 hr./mo.)

APPRENTICES / INTERNS